



**American
Red Cross**

Instructor Bulletin: First Aid for Public Safety Personnel (Title 22) Program

Updated December 2018

Program Overview

Program Purpose

The purpose of the American Red Cross First Aid for Public Safety Personnel (FAPSP) course is to provide the participant with the knowledge and skills necessary to meet the first aid training requirements for lifeguards, fire fighters, and peace officers as defined in Title 22 of the California Code of Regulations.

Release Timing

Effective April 1, 2015, the training requirements defined in Title 22 of the regulations were revised and training program providers were given a 24 month period by which to update the program to this updated regulation. **Instructors should begin using the r.2017 version of the course materials immediately in order to be in compliance with the updated regulation.**

Program Materials

In order to incorporate the most recent science guidelines and remain consistent with industry standards for emergency care, the lesson plans for this updated program are based upon the First Aid and CPR/AED content in the 2017 Lifeguarding program, our most recently updated professional-level program.

A First Aid for Public Safety Personnel Instructor's Manual Supplement document– available in a digital format on Instructor's Corner – provides the course outline as well as supplemental lesson plans needed to meet the requirements of the California Code of Regulations.

Program Flexibility

The program can be taught stand-alone or as part of the 2017 Lifeguarding curriculum. When taught as a stand-alone course, the course length is 24 hours, 40 minutes. The course can be taught as a bundle with the Lifeguarding program. The combined course time is 43 hours, 45 minutes. Additionally, review versions of the stand-alone course and Lifeguarding bundle courses are available for those participants who already hold active current certification or certification expired by no more than 30 days.

Instructor Certification Requirements

In order to teach the First Aid for Public Safety Personnel course, instructors must maintain an American Red Cross Instructor certification in one of the following:

- Lifeguarding **or**
- Emergency Medical Response **or**
- First Aid/CPR/AED **and** CPR/AED for Professional Rescuers **or**
- First Aid/CPR/AED **and** Basic Life Support for Healthcare Providers

Eligible instructors must also:

- Maintain current certification in American Red Cross First Aid for Public Safety Personnel (Title 22) or equivalent **and**
- Complete a self-orientation to the First Aid for Public Safety Personnel lesson plans and completion requirements

Basic-Level Courses

The content of the First Aid for Public Safety Personnel course is the First Aid and CPR/AED lesson plans from the 2017 Lifeguarding program supplemented by the additional lesson plans contained in the First Aid for Public Safety Personnel Instructor’s Manual Supplement. When teaching the FAPSP course as a bundle with the Lifeguarding course (for instance in Lifeguarding for CA with Bundle 5), instructors use the lesson plans in the Instructor’s Manual Supplement to cover the additional content necessary for compliance with the Title 22 regulation.

The following classroom-only courses are available for the stand-alone course option:

Course Name	Course Code/ Version	Course Length (hh:mm)	Certificate Period
First Aid for Public Safety Personnel	HSSSFA750 r.2017	24:40	2 years
First Aid for Public Safety Personnel Review	HSSSFA750R r.2017	8:00	2 years

When bundling this course with the Lifeguarding course, the following courses are available:

Course Name	Course Code/ Version	Course Length (hh:mm)	FAPSP Certificate Period
Lifeguarding for CA with Bundle 5	HSSAQU425 r.2017	49:25	2 years
Lifeguarding for CA with Bundle 5 Review	HSSAQU425R r.2017	23:00	2 years
Lifeguarding for CA, Waterpark, with Bundle 5	HSSAQU430 r.2017	53:05	2 years
Lifeguarding for CA, Waterpark, with Bundle 5 Review	HSSAQU430R r.2017	28:00	2 years
Lifeguarding for CA, Waterfront, with Bundle 5	HSSAQU435 r.2017	54:05	2 years
Lifeguarding for CA, Waterfront, with Bundle 5 Review	HSSAQU435R r.2017	28:30	2 years
Shallow Water Lifeguarding for CA with Bundle 5	HSSAQU440 r.2017	47:05	2 years
Shallow Water Lifeguarding for CA with Bundle 5 Review	HSSAQU440R r.2017	27:00	2 years
Shallow Water Lifeguarding for CA, Waterpark, with Bundle 5	HSSAQU445 r.2017	51:45	2 years
Shallow Water Lifeguarding for CA, Waterpark, with Bundle 5 Review	HSSAQU445R r.2017	29:00	2 years

Note:

- Course duration is based on a ratio of 10 participants to 1 instructor and a minimum of 1 manikin and 1 AED training device for every 2 participants.
- Bundle 5 includes the following components:
 - Administering Emergency Oxygen
 - Asthma Inhaler Training
 - Bloodborne Pathogens Training
 - Epinephrine Auto-Injector Training
 - First Aid for Public Safety Personnel (Title 22)

Program Use In California

The Red Cross First Aid for Public Safety Personnel (Title 22) program course outline was designed to meet or exceed the provisions outlined in California Code of Regulations Title 22, Division 9, Chapter 1.5 (First Aid and CPR Standards and Training for Public Safety Personnel) for lifeguards, firefighters and peace officers. However, approval to conduct a training program compliant with this regulation is at the jurisdiction of the local emergency medical services agency (LEMSA) under which a facility operates.

In California, there are 33 LEMSAs that have their own approval application and review process that typically incorporates the training and credentials of the instructor and the facility or entity performing the training in addition to the training program curriculum. Most LEMSAs do not provide approval for training curriculums without also considering the instructor credentials and training entity or facility. As a provider of training curriculum, the American Red Cross cannot grant approval itself as approval is granted by each LEMSA directly per the new California regulations.

Before teaching this program, we encourage instructors to contact their local emergency medical services agency to understand the approval requirements and processes for their training facility. A list of LEMSA administrators can be found at this link: http://www.emsa.ca.gov/local_ems_agency_administrators.