

Block Plan Template

Course Name: _____ Course Level: _____

Instructor Resources: _____

Clear Form

Day 1	Day 2	Day 3	Day 4
Safety Topic	Safety Topic	Safety Topic	Safety Topic
Opening Activity/ Review Skills	Opening Activity/ Review Skills	Opening Activity/ Review Skills	Opening Activity/ Review Skills
New Skills	New Skills	New Skills	New Skills
Game/Song	Game/Song	Game/Song	Game/Song
Equipment	Equipment	Equipment	Equipment

Day 5	Day 6	Day 7	Day 8
Safety Topic	Safety Topic	Safety Topic	Safety Topic
Review Skills	Review Skills	Review Skills	Review Skills
New Skills	New Skills	New Skills	New Skills
Game/Song	Game/Song	Game/Song	Game/Song
Equipment	Equipment	Equipment	Equipment