## ADULT CPR/AED MISSION REPLAY



### **CHECK SCENE**

Check the scene for safety.



#### **CHECK FOR RESPONSIVENESS**

Shout, "Are you OK?"

Tap the shoulder, shout again and look for normal breathing.

Check for responsiveness and breathing for no more than 5-10 seconds.

### CALL 911 AND GET AN AED AND A FIRST AID KIT

Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



### **GIVE 30 CHEST COMPRESSIONS**

Push hard, push fast, at least 2 inches deep, at the center of the chest, at a rate of 100-120 compressions per minute.



### **ADULT CPR/AED MISSION REPLAY**

#### **GIVE 2 RESCUE BREATHS**

Open the airway, pinch nose shut and make a complete seal over person's mouth. Blow in for about 1 second to make the chest rise. Give 2 rescue breaths, one after the other.



### CONTINUE CYCLES OF COMPRESIONS AND RESCUE BREATHS

Do not stop unless you find an obvious sign of life, an AED becomes available and no other trained responders are available, you have performed 5 sets of compressions and another trained responder is available to switch, EMS personnel take over, you are too exhausted to continue or the scene becomes unsafe.



### WHEN THE AED ARRIVES, TURN IT ON AND EXPOSE THE PERSON'S CHEST

Follow the voice and/or visual prompts.



### **ATTACH PADS**

Expose chest and attach AED pads with one pad on upper right chest and one pad on lower left side of chest.



### **STAND CLEAR**

Make sure no one, including you, is touching the person. Say, "Everyone STAND CLEAR."



### **ADULT CPR/AED MISSION REPLAY**

### LET THE AED ANALYZE HEART RHYTHM

Push the analyze button, if necessary.



### **DELIVER SHOCK, IF ADVISED**

Make sure no one, including you, is touching the person. Say, "Everyone STAND CLEAR." Push the shock button, if necessary.



### **PERFORM CPR**

Perform 2 minutes (5 cycles) of CPR and continue to follow the prompts of the AED.

If at any time you notice an obvious sign of life, stop CPR and monitor breathing and look for any changes in condition.



# ADULT CHOKING MISSION REPLAY



#### **CHECK SCENE**

Check the scene for safety.



### CALL 911 AND GET AN AED AND A FIRST AID KIT

Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



### **OBTAIN CONSENT**

Obtain consent to give care.



#### **GIVE 5 BACK BLOWS**

Bend the person forward at the waist and give 5 back blows between the shoulder blades with the heel of one hand.

### **GIVE 5 ABDOMINAL THRUSTS**

Place a fist with the thumb side against the middle of the person's abdomen, just above the navel. Cover your fist with the other hand. Give 5 quick, upward abdominal thrusts.



### **CONTINUE GIVING SETS**

Continue giving sets of 5 back blows and 5 abdominal thrusts until:

The person can cough forcefully, speak, cry or breathe.

The person becomes unresponsive.



## CONTROLLING BLEEDING MISSION REPLAY



#### **CHECK SCENE**

Check the scene for safety.



Ask a bystander to call 9-1-1 or the local emergency number in an emergency when the bleeding is severe and get the First Aid Kit.

Obtain consent.





### PUT ON GLOVES, COVER WOUND AND APPLY DIRECT PRESSURE

Put on disposable gloves or other personal protective equipment (PPE) as appropriate. Cover the wound with a sterile dressing. Apply direct pressure until the bleeding stops.



### **INTERVIEW PERSON**

Use SAMPLE to ask questions and find out what happened.

### COVER WITH ROLLER BANDAGE AND CHECK FOR CIRCULATION

Cover the dressing with a bandage. Check for circulation (feeling, warmth and color) below the injury.

### CARE FOR SHOCK, IF SIGNS ARE PRESENT

Take steps to minimize shock. Wash hands with soap and water after giving care.





## CHILD CPR/AED MISSION REPLAY



### **CHECK SCENE**

Check the scene for safety.



### **OBTAIN CONSENT**

Obtain consent to give care from a parent or guardian, if present.



### **CHECK FOR RESPONSIVENESS**

Shout, "Are you OK?"

Tap the shoulder, shout again and look for normal breathing.

Check for responsiveness and breathing for no more than 5-10 seconds.



### CALL 911 AND GET AN AED AND A FIRST AID KIT

Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



### **GIVE 30 CHEST COMPRESSIONS**

Push hard, push fast, about 2 inches deep, at the center of the chest, at a rate of 100-120 compressions per minute.



### **CHILD CPR/AED MISSION REPLAY**

#### **GIVE 2 RESCUE BREATHS**

Open airway, pinch nose shut and make a complete seal over child's mouth. Blow in for about 1 second to make the chest rise. Give 2 rescue breaths, one after the other.



## CONTINUE CYCLES OF COMPRESSIONS AND RESCUE BREATHS

Do not stop unless you find an obvious sign of life, you have performed 5 sets of compressions and another trained responder is available to switch, EMS personnel take over, you are too exhausted to continue, the scene becomes unsafe or you need to leave to call 9-1-1 after providing 2 minutes of care.



### WHEN THE AED ARRIVES, TURN IT ON AND EXPOSE THE CHILD'S CHEST

Follow the voice and/or visual prompts.



### **ATTACH PADS**

If pads risk touching each other, use front-to-back pad placement. Do not use pediatric pads on a child older than 8 years or weighing more than 55 pounds.



### **STAND CLEAR**

Make sure no one, including you, is touching the child. Say, "Everyone STAND CLEAR."



### LET THE AED ANALYZE HEART RHYTHM

Push the analyze button, if necessary.



### **CHILD CPR/AED MISSION REPLAY**

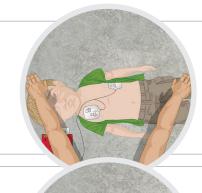
### **DELIVER SHOCK, IF ADVISED**

Make sure no one, including you, is touching the child. Say, "Everyone STAND CLEAR." Push the shock button, if necessary.

### **PERFORM CPR**

Perform 2 minutes (5 cycles) of CPR and continue to follow the prompts of the AED.

If at any time you notice an obvious sign of life, stop CPR and monitor breathing and look for any changes in condition.





## INFANT CPR/AED MISSION REPLAY



#### **CHECK SCENE**

Check the scene for safety.



Shout the infant's name.

Tap the shoulder, shout again and look for normal breathing.

Check for responsiveness and breathing for no more than 5-10 seconds.



### CALL 911 AND GET AN AED AND A FIRST AID KIT

Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



### **GIVE 30 CHEST COMPRESSIONS**

Push hard, push fast, about 1 1/2 inches deep, at the center of the chest, using 2 or 3 fingers, at a rate of 100-120 compressions per minute.

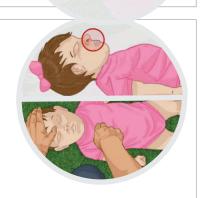
### **GIVE 2 RESCUE BREATHS**

Open airway and make a complete seal over infant's nose and mouth. Blow in for about 1 second to make the chest rise. Give 2 rescue breaths, one after the other.



## CONTINUE CYCLES OF CHEST COMPRESSIONS AND RESCUE BREATHS

Do not stop unless you find an obvious sign of life, you have performed 5 sets of compressions and another trained responder is available to switch, EMS personnel take over, you are too exhausted to continue, the scene becomes unsafe or you need to leave to call 9-1-1 after providing 2 minutes of care.



### **INFANT CPR/AED MISSION REPLAY**

### WHEN THE AED ARRIVES, TURN IT ON AND EXPOSE THE INFANT'S CHEST

Follow the voice and/or visual prompts.



Use front-to-back pad placement.

### **STAND CLEAR**

Make sure no one, including you, is touching the infant. Say, "Everyone STAND CLEAR."

### LET THE AED ANALYZE HEART RHYTHM

Push the analyze button, if necessary.

### **DELIVER SHOCK, IF ADVISED**

Make sure no one, including you, is touching the infant. Say, "Everyone STAND CLEAR." Push the shock button, if necessary.

#### **PERFORM CPR**

Perform 2 minutes (5 cycles) of CPR and continue to follow the prompts of the AED.

If at any time you notice an obvious sign of life, stop CPR and monitor breathing and look for any changes in condition.









## CHILD CHOKING MISSION REPLAY



### **CHECK SCENE**

Check the scene for safety.



Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



Obtain consent to give care from a parent or guardian, if present.

### **GIVE 5 BACK BLOWS**

Bend the child forward at the waist and give 5 back blows between the shoulder blades with the heel of one hand.

Stand or kneel behind the child, depending on his or her size.

### **GIVE 5 ABDOMINAL THRUSTS**

Place a fist with the thumb side against the middle of the child's abdomen, just above the navel. Cover your fist with your other hand. Give 5 quick, upward abdominal thrusts.



### **CONTINUE GIVING SETS**

Continue giving sets of 5 back blows and 5 abdominal thrusts until:

The child can cough forcefully, speak, cry or breathe.

The child becomes unresponsive.



## INFANT CHOKING MISSION REPLAY



#### **CHECK SCENE**

Check the scene for safety.



Ask a bystander to call 9-1-1 or the local emergency number and get an AED and First Aid Kit.



Obtain consent to give care from a parent or guardian, if present.

### **GIVE 5 BACK BLOWS**

Give 5 back blows with the heel of one hand between the infant's shoulder blades.

Keep the head lower than the chest, while supporting the head and neck.

### **GIVE 5 CHEST THRUSTS**

Compress the chest just below the nipple line using 2 or 3 fingers.

Keep the head lower than the chest, while supporting the head and neck.

### **CONTINUE GIVING SETS**

Continue giving sets of 5 back blows and 5 chest thrusts until:

The infant can cough forcefully, speak, cry or breathe.

The infant becomes unresponsive.









